



KIDS' KITCHEN

Ants on a Stick

What you'll need:

Celery
Peanut Butter or Tahini (Sesame
Seed Butter)

1. Clean each rib of celery.
2. Trim off the leafy ends.
3. Fill the groove of the celery with peanut butter or tahini.
4. Place raisins in a line on top of the spread.

Crunchy Treat

What you'll need:

1/4 cup Margarine
1 tbs. Worcestershire sauce
1/4 tsp. salt
2 cups Cheerios
2 cups wheat Chex
2 cups pretzel sticks
1 cup peanuts
Paper towels

1. Put butter in a glass bowl and melt in in the microwave. Have an adult help with this step.
2. Mix the melted butter with all the other ingredients in a microwave-safe bowl.
3. Heat the mixture in the microwave for 5 minutes, stirring after every 2 minutes.
4. When finished cooking, pour the mixture onto paper towels to cool.

Nacho Treat

What you'll need:

Tortilla chips
Three types of cheese
Taco sauce

1. Lay out the tortilla chips on a baking tray.
2. Sprinkle the three different types of cheese on top.
3. Place the tray in the oven and set it to broil. Use adult supervision with the oven.
4. Watch carefully as the cheese melts, for about 5 minutes. Once the cheese is melted, turn off the oven and take out the tray.
5. Add a little bit of taco sauce to the top of your nachos and they are ready!

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